

# 30-DAY SUPPLY CALENDAR

## EMERGENCY SUPPLIES ACQUISITION CALENDAR FOR ONE PERSON FOR 30 DAYS

WEEK 1	WEEK 2	WEEK 3	WEEK 4
<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Research types of prepared food, like canned, dried, freeze-dried, Ready to Eat Meals (MRE's), others <input type="checkbox"/> Obtain pet food for one month <input type="checkbox"/> Prepare storage areas for your supplies <input type="checkbox"/> Gather & scan important papers <input type="checkbox"/> Secure shelves, TVs, cabinets, pics, etc.	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Buy 1 weeks worth prepared meat <input type="checkbox"/> Have at least 2 flash lights and batteries <input type="checkbox"/> Batteries of all sizes <input type="checkbox"/> Waterproof bins, permanent marker <input type="checkbox"/> Start dating foods with expiration dates <input type="checkbox"/> Toilet paper, diapers, other paper products	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Buy 1 weeks worth prepared vegetables <input type="checkbox"/> Get local map, whistle, compass <input type="checkbox"/> Get small pads of paper, pencils, pens <input type="checkbox"/> Wooden matches in waterproof case <input type="checkbox"/> Hand sanitizer for a month <input type="checkbox"/> Plastic bags with ties, large and medium	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Buy 1 weeks worth of prepared fruit <input type="checkbox"/> Gather Rx meds with 30 day reserve <input type="checkbox"/> Have family plan, meeting place, out of area contacts <input type="checkbox"/> Get Zip-lock type bags – gallon, sandwich <input type="checkbox"/> Get two 5 gal. paint buckets with lids for elimination needs – lg plastic bag in each
WEEK 5	WEEK 6	WEEK 7	WEEK 8
<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Buy 1 weeks worth of prepared meat <input type="checkbox"/> Get manual can opener <input type="checkbox"/> Get toilet seats that fit the buckets <input type="checkbox"/> Pet leashes, carriers, extra ID tags, meds. <input type="checkbox"/> Tools – shovel, pry bar, hammer, screw driver, nails, etc.	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Buy 1 weeks worth of prepared vegetables <input type="checkbox"/> Peanut butter, or other nut butters <input type="checkbox"/> Peat moss or other for the 'poo' bucket <input type="checkbox"/> Duct tape, rope, roll of plastic for windows <input type="checkbox"/> No rinse soap, body wash, shampoo, toothpaste and tooth brushes, dish soap	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Buy 1 weeks worth prepared fruit <input type="checkbox"/> Baby food, formula, special foods <input type="checkbox"/> Durable cups, bowls, plates, utensils <input type="checkbox"/> Camp stove fuel, sterno cups <input type="checkbox"/> Household chlorine bleach <input type="checkbox"/> Powdered eggs	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Lo-sodium soups/meals for lunch x 30 <input type="checkbox"/> Over the counter meds (OTC) <input type="checkbox"/> Plastic lidded container for perishables <input type="checkbox"/> Sunscreen, insect repellent, lotion <input type="checkbox"/> Hydrogen peroxide, disinfectant <input type="checkbox"/> ID home escape routes, practice drill
WEEK 9	WEEK 10	WEEK 11	WEEK 12
<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> First Aid kit, resupply, medicine dropper, needles, tweezers, tongue depressors <input type="checkbox"/> 1 weeks worth of prepared meat <input type="checkbox"/> Baking soda, iodized salt <input type="checkbox"/> Know your neighborhood meeting place <input type="checkbox"/> ID & know how to shut off gas/water shut off valves and electrical box	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> 1 weeks worth of prepared fruit <input type="checkbox"/> Powdered Milk <input type="checkbox"/> First aid manual – review, take a class <input type="checkbox"/> Paper towels, Toilet paper <input type="checkbox"/> Check emergency plans for schools <input type="checkbox"/> Roller bandages, extra 4x4" gauze pads <input type="checkbox"/> Antibacterial ointment, skin antiseptic	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Extra eyeglasses, hearing aids, batteries <input type="checkbox"/> Granola bars x 30 <input type="checkbox"/> AM/FM Radio & Batteries, sts. 91.1, 91.9 <input type="checkbox"/> Individual packets of nuts to snack on <input type="checkbox"/> Toilet Paper, other hygiene supplies <input type="checkbox"/> Cash – small bills, coins <input type="checkbox"/> Several ready to eat meals	<input type="checkbox"/> 2 Gallons of water + more for pets <input type="checkbox"/> Thermometer, petroleum jelly <input type="checkbox"/> 1 weeks worth of prepared vegetables <input type="checkbox"/> Cereal <input type="checkbox"/> Pet health records, vaccinations up to date <input type="checkbox"/> Roll up ladder & drill for 2 story homes <input type="checkbox"/> Consider giving a disc of your important documents to a trusted person out of state
WEEK 13	WEEK 14	WEEK 15	WEEK 16
<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Coffee, tea, hot chocolate for a month <input type="checkbox"/> Latches/fasteners for cabinets <input type="checkbox"/> Test smoke alarms, replace batteries yearly <input type="checkbox"/> Sewing kit <input type="checkbox"/> Tent to accommodate family <input type="checkbox"/> Freeze dried butter, small bottles oils	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Juice boxes/pouches/cans <input type="checkbox"/> Comfort foods – rotate out <input type="checkbox"/> Sturdy shoes, work gloves, safety goggles <input type="checkbox"/> Hard hat, bike helmet <input type="checkbox"/> Sleeping bag <input type="checkbox"/> Camp or utility knife	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Powdered lemonade <input type="checkbox"/> Strapping for water heater, computer, TV <input type="checkbox"/> Assemble activity box – cards, games, books, puzzles <input type="checkbox"/> Disposable dust masks <input type="checkbox"/> Consider buying a small generator & fuel	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Water proof, air tight containers <input type="checkbox"/> Museum putty wall art and small items <input type="checkbox"/> Honey, sm. Packets of jam/jelly <input type="checkbox"/> Sm. Packets of mayo, ketchup, mustard <input type="checkbox"/> Freeze dried pilot crackers <input type="checkbox"/> Plastic tarp, raingear
WEEK 17	WEEK 18	WEEK 19	WEEK 20
<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Isopropyl alcohol <input type="checkbox"/> Immodium, Pepto Bismol <input type="checkbox"/> Plastic sheets, plastic bedpan, urinal <input type="checkbox"/> Photocopy ID & medical info and store in sealed plastic bags <input type="checkbox"/> 1 weeks worth prepared meat <input type="checkbox"/> Freeze dried potatoes	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> 1 weeks worth of prepared vegetables <input type="checkbox"/> Facial tissues <input type="checkbox"/> Dental supplies, floss, denture cream, etc. <input type="checkbox"/> Disposable hand wipes/baby wipes <input type="checkbox"/> Allergy/cold meds <input type="checkbox"/> Vitamins	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> 1 weeks worth of prepared fruit <input type="checkbox"/> Toilet paper <input type="checkbox"/> Check insurance coverage <input type="checkbox"/> Practice earthquake and fire drills <input type="checkbox"/> Antacids <input type="checkbox"/> Other, your choice	<input type="checkbox"/> Get 2 gallons of water + more for pets <input type="checkbox"/> Small plastic containers with lids <input type="checkbox"/> Video or take pictures of belongings – send to out of area friends to store <input type="checkbox"/> Latex free gloves <input type="checkbox"/> Consider solar powered battery pack to charge phone, iPad, etc.