

# Steps Immediately Following a Disaster

(Print this document and keep it under your bed.)

## AT HOME...

**Step 1: Take care of yourself, family and home.**

**Step 2: Check for information** (cellphone for Nixle text or email alert and radio stations).

**Step 3: Protect your head, feet, and hands.** A bicycle helmet or hard hat protects from falling debris. Have sturdy shoes to protect from broken glass, along with a flashlight, crowbar, and leather gloves readily available.

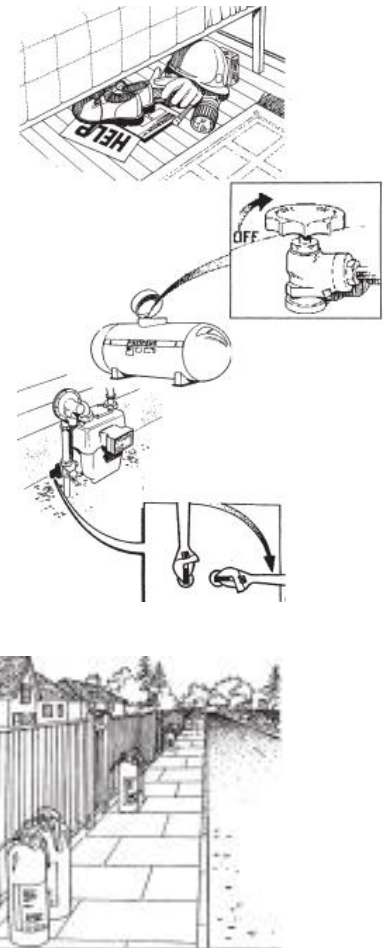
**Step 4: Check your propane tank.** Shut it off if necessary. This is one of the best ways to prevent fire.

**Step 5: Shut off the water at the house main** to trap water in your home and to keep pollutants out of possible drinking water (like that in your water heater).

**Step 6: Place the Help or OK sign** on your front door, a window or garage door. Posting the sign helps your neighbors locate those who need help first.

**Step 7: Shut off electricity** at the circuit breaker box, if necessary.

**Step 8: Put your fire extinguisher on the sidewalk** or somewhere your neighbors can use it.



## Steps Immediately Following a Disaster (cont.)

### WITH NEIGHBORS ...

**Step 9: Find your Block Captain and go to the Block Hub Site, if established.**

Write your Block Hub location here.

**Step 10: Block Captain helps form Teams at the Block Hub site:**

- **Team 1- Communications and Information:** Monitor Port Ludlow Comm Center, Nixle, PUD website, KPTZ radio (91.9 FM), and/or NOAA Weather Radio - and keep neighbors informed of what they learn.
- **Team 2- Check Vulnerable Neighbors:** Check on neighbors who are elderly, those with disability, or children who may be home alone.
- **Team 3- Check Utilities:** Check all utilities that need to be shut off, including propane if tanks are hissing or dislocated from their foundation.
- **Team 4 - Check OK/HELP Signs:** Check all homes with the **HELP** sign displayed on the front door or window, or with no card showing. Be prepared to give first aid. Trust your instincts. If something feels unsafe, stay out.

**Step 11: Block Captains Only** – Survey your Response Area and report results to the Communication Center via FRS/GMRS radio by using the Response Area Assessment form during the Roll Call.

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