

Steps Immediately Following a Disaster

(Print this document and keep it under your bed.)

AT HOME...

Drop, Cover and Hold On! in an earthquake situation.

Step 1: Protect your head, feet, and hands. A bicycle helmet or hard hat protects from falling debris. Have sturdy shoes to protect from broken glass, along with a flashlight, crowbar, and leather gloves readily available.

Step 2: Take care of yourself, family and home.

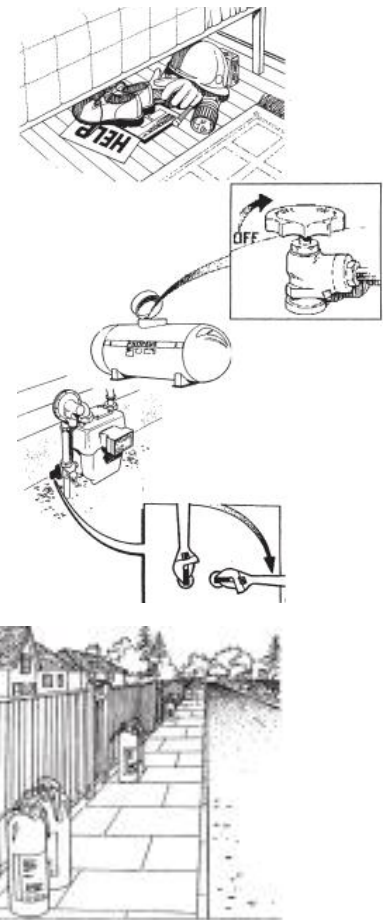
Step 3: Check your propane tank. Shut it off if necessary. This is one of the best ways to prevent fire.

Step 4: Shut off the water at the house main to trap water in your home and to keep pollutants out of possible drinking water (like that in your water heater).

Step 5: Place the **HELP or **OK** sign** on your home where it's visible from the street. Posting the sign helps your neighbors locate those who need help first.

Step 6: Shut off electricity at the circuit breaker box, if necessary (especially to the hot water heater if water to the house has been turned off).

Step 7: Put your fire extinguisher on the sidewalk or somewhere your neighbors can use it.



Steps Immediately Following a Disaster (cont.)

WITH NEIGHBORS ...

Step 8: Find your Block Captain. Go to the Block Hub Site, if established.

Write your Block Hub location here.

Write your Block Care Center location here.

Step 9: Block Captain helps form Teams at the Block Hub site:

- **Team 1- Communications and Information:** Monitor Port Ludlow Comm Center, Nixle, PUD website, KPTZ radio (91.9 FM), and/or NOAA Weather Radio - and keep neighbors informed of what they learn.
- **Team 2- Check Vulnerable Neighbors:** Check on neighbors who are elderly, those with disability, or children who may be home alone.
- **Team 3- Check Utilities:** Check all utilities that need to be shut off, including propane if tanks are hissing or dislocated from their foundation.
- **Team 4 - Check OK/HELP Signs:** Check all homes with the **HELP** sign displayed on the front door or window, or with no card showing. Be prepared to give first aid. Trust your instincts. If something feels unsafe, stay out.

Step 10: Block Captains Only – Survey your Response Area and report results to the Communication Center via FRS/GMRS radio by using the Response Area Assessment form and Block Captain Script during the Roll Call.

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